



Camping - Personal Gear for a Weekend Camp

The gear required will depend on the anticipated activities, weather and the location of the intended camp. The following is a typical gear list. You will be advised of any special requirements.

Luggage

A pack or large sports type bag for all your gear
A day pack for use during the day (to carry lunch, drink, raincoat etc in)

During the day you will need available

Boots or sturdy walking shoes (well broken in)
Socks – thick (or 2/3 pairs of thinner socks)
Underwear
Shorts – quick drying (cotton or nylon)
Singlet and/or T-Shirt or Polo shirt (your New Lynn Activity shirt if you have one)
Bush shirt or thick warm shirt (long sleeved)
Gloves or mittens
Sun hat and Woolen hat or balaclava
Raincoat
Poly pro long johns and / or top (optional)

At the end of the day you may want to get changed into clean and dry clothes

Shoes; socks, shorts or trousers, T-shirt, long sleeved shirt, jumper,

At night

Pajamas / night-shirt / nightie (your choice) – how warm is your sleeping bag?

Sleeping

Camp stretcher / safari bed (**not an airbed**)
Bed roll; closed cell foam – (optional – improves insulation from ground)
Sleeping bag
Inner sheet (optional)
Blanket; camp fire blanket – (optional – but recommended)
Small Pillow (optional – but recommended)

Toilet Bag

Flannel, soap and container; Tooth brush and toothpaste; Comb / hairbrush
Girls – Sanitary Supplies; Boys - Shaving gear (if required)
Towel (2 small towels)

Other

Large drink bottle
Togs
Handkerchiefs (1 per day)
Torch and spare batteries
Sun block
Chapstick (or similar) for lips
Clothes hangers for uniform / clothes
Plastic bags for dirty washing (x2)
Personal first aid kit
Insect repellent

Personal medication and applicators

You must hand in a note saying what medication you are on and dosages etc

Optional

Camera; pocket knife; sunglasses

DO NOT BRING

Any sweets / junk food or soft drink etc
Expensive jewellery or watches etc
Gameboys, radios, cell phones etc

Changes of Clothes: You typically only need three sets of clothes, what you will wear during the day for your activities, something clean and dry for at night when activities have finished and something to sleep in.

Wear the same clothes each successive day – you do not need a change for each day.

Wearing Trousers: If it is cold during the day, we do not recommend the wearing of trousers. In long grass they soak up the water and make you colder. Wear over trousers or poly pro long johns instead.

Warmth: select warm garments made of wool, polypropylene or polyesters.

Layering: two light weight layers of clothing are warmer and more versatile than one thick layer.

Comfort: select clothes that are light weight and quick drying.

Additional Items

You will be advised if the following are required:

Uniform
Tea Towels
Cutlery / Plates

Please label all items with your name